Positive Thinking

Design a Positive Thinking Cap

Using the outline below, design a cap with colourful messages about positive thinking. You might want to try different kinds of writing, or use symbols and illustrations. Just remember to keep it positive!

Helpful words and phrases:

- You can do it!
- Go for it!
- Keep going!
- I can do this!
- This is great!
- Challenge
- Perseverance
- Resilience
- Determined
- Goal
- Reach for the stars!
- Happy
- Stick at it!
- Super me!