



A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

educaterers®



Weekly Menu



All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

Sept 2022 Choice and Jkt

Week one

Coventry and Warwickshire: 5/9, 26/9, 17/10, 7/11, 28/11, 9/1/23, 30/1.
Leicestershire: 5/9, 26/9, 7/11, 28/11, 9/1/23, 30/1.
Oxfordshire: 5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1/23, 30/1, 20/2.

MONDAY

Choose a main meal... **MEAT FREE MONDAY**

(v) Crispy Quorn Dippers with Barbeque Sauce or Ketchup and Crispy Baked Potatoes

(v,h) Broccoli and Sweetcorn Pasta Bake in a creamy sauce with a grilled cheese topping with Malted Wheat Baguette

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Chocolate Mousse with Fruit
(vg,h) Homemade Ginger Biscuit
(v) Organic Yoghurt or Fresh Fruit

TUESDAY

Choose a main meal...

(h) Organic Pork Meatballs with Rich and Rustic Tomato Sauce and Pasta

(v,h) Cheddar Cheese and Potato Pie with Crusty Bread

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day
Baked Beans

For dessert...

(vg,h) Homemade Lemon Shortbread
(v) Organic Yoghurt or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Chicken Joint or Fillet, Sage and Onion Stuffing and Gravy

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing

Crispy Roast Potatoes

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day
Onion Stuffing

For dessert...

(v,h) Homemade Chocolate Cherry Sponge with Hot Choc Sauce
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

THURSDAY

Choose a main meal...

(h) Beef Bolognese with Twisty Pasta and Garlic Bread

(vg) Veggie Sausage Pattie in a Breakfast Bap with Baked Potato Wedges

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day
Baked Beans

For dessert...

(vg,h) Homemade Iced Pineapple Cake
(v) Organic Yoghurt or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Crispy Battered Salmon Fishcake with Criss-Cross Potatoes

(v,h) Cheese and Tomato Pizza with Criss-Cross Potatoes

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Ice Cream
(vg) Homemade Crunch Cookie
(v) Organic Yoghurt or Fresh Fruit

Week two

Coventry and Warwickshire: 12/9, 3/10, 14/11, 5/12, 16/1, 6/2, 27/2.
Leicestershire: 12/9, 3/10, 24/10, 14/11, 5/12, 16/1, 6/2, 27/2.
Oxfordshire: 12/9, 3/10, 14/11, 5/12, 16/1, 6/2, 27/2.

MONDAY

Choose a main meal... **MEAT FREE MONDAY**

(h) Tuna Pasta Bake with a Freshly Baked Wholegrain Baguette

(v) Veggie Toad in the Hole with Creamy Mash and Gravy

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg,h) Homemade Flapjack with Fruit Wedges
(v) Organic Yoghurt or Fresh Fruit

TUESDAY

Choose a main meal...

Lowerhurst Farm Organic Beef Burger in a High Fibre Bun with Ketchup

(vg) Plant Power "Burger" in a High Fibre Bun with Ketchup

Baked Potato Wedges

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Ice Cream Tub
(vg,h) Homemade Chocolate Oatcake
(v) Organic Yoghurt or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**

British Roast Pork or Gammon Joint or Loin Steak, Apple Sauce and Gravy

(vg) Quorn Roast in Gravy with Apple Sauce

Crispy Roast Potatoes

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Oaty Apple Crumble and Custard
(v) Organic Yoghurt or Fresh Fruit

THURSDAY

Choose a main meal...

(h) Homemade Chicken Pie with Creamy Mash and Gravy

(v) Cheese and Onion Pasty with Crispy Diced Potatoes

Jacket Potato-Cheese/Tuna/Beans

On the side...

Baked Beans
Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Crispy Cornflake Cookie
(v) Organic Yoghurt or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Breaded Fish Fillet with Chips

(v,h) Roasted Vegetable Frittata with Chips

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Dinky Doughnuts with Chocolate Sauce
(v) Ice Cream
(v) Organic Yoghurt or Fresh Fruit

Week three

Coventry and Warwickshire: 19/9, 10/10, 31/10, 21/11, 12/12, 2/1/23, 23/1, 13/2, 6/3.
Leicestershire: 29/8, 19/9, 10/10, 31/10, 21/11, 12/12, 2/1/23, 23/1 13/2, 6/3.
Oxfordshire: 19/9, 10/10, 31/10, 21/11, 12/12, 2/1/23, 23/1, 6/3.

MONDAY

Choose a main meal... **MEAT FREE MONDAY**

(v) Cheese and Tomato Pizza with Baked Potato Wedges

(v) Vegetable Korma with Wholegrain Rice

Jacket Potato-Cheese/Tuna/Beans

On the side...

Baked Beans
Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg,h) Homemade Chocolate Cracknel
(v) Organic Yoghurt or Fresh Fruit

TUESDAY

Choose a main meal...

Gold Medal Winning British Pork Sausages with Creamy Mash and Gravy

(vg,h) Chinese Style Plant Based "Meat" Balls with Noodles

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Chocolate or Strawberry Swirl Mousse
(vg,h) Homemade Fruity Flapjack
(v) Organic Yoghurt or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**

British Roast Beef, Yorkshire Pudding and Gravy

(vg) Quorn Roast in Gravy with (v) Yorkshire Pudding

Crispy Roast Potatoes

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Iced Sponge with Sprinkles and Custard
(v) Organic Yoghurt or Fresh Fruit

THURSDAY

Choose a main meal...

Chicken Fajita Wrap – tender breast marinated in mild Mexican seasoning served in a wrap with fresh salad

Plain chicken also available served with Crispy Diced Potatoes

(v,h) Homemade School Favourite Mac 'n' Cheese with Crusty Bread

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

Jelly with Fruit
(vg,h) Homemade Carrot and Orange Cookie
(v) Organic Yoghurt or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Breaded Fish Fillet Fingers with Chips

(vg) Breaded Vegetable Fingers with Chips

Jacket Potato-Cheese/Tuna/Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Cheddar Cheese, Crackers and Apple Slices
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Everyday we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk and a Fresh Bread Basket.
Ketchup is offered with selected dishes.

Vegetable accompaniments change to reflect seasonal availability.

(v) Vegetarian Option (h) Homemade (vg) Vegan
(msc) Certified Sustainable Seafood (h) Homemade



FS 534414

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.