

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers®



# Weekly Menu

CHOICE & JKT  
March 23

## Week one

Warwickshire, Coventry: 18/09, 9/10  
Oxfordshire : 18/09, 9/10  
Leicestershire: 28/8, 18/09, 9/10

### MONDAY

**Choose a main meal...**  
Best of British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v) Veggie Korma Curry with Wholegrain or White Rice *mild and creamy*

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(v) Swirly Chocolate Mousse  
(vg) Homemade Fruity Flapjack  
(v) Yoghurt or Fresh Fruit

### TUESDAY

**Choose a main meal...**  
Homemade Cheesy Pasta with Peas, Bacon, and Freshly Baked Wholegrain Baguette

(v) Veggie Breakfast Pattie in a Bap with Oven Baked Potato Wedges

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day  
Baked Beans

**For dessert...**  
(v) Homemade Crispy Cornflake Cookie  
(v) Yoghurt or Fresh Fruit

### WEDNESDAY

**Choose a main meal... WEDNESDAY ROAST**  
British Roast Chicken Joint or Fillet, Sage and Onion Stuffing and Gravy

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(v) Homemade Chocolate and Orange Brownie  
(v) Yoghurt or Fresh Fruit

### THURSDAY

**Choose a main meal...**  
Homemade British Beef Bolognaise with Pasta and Garlic Bread

(v) Homemade Vegetable Burrito Bake with Crispy Diced Potatoes  
*Mild Mexican flavoured veggies and cheese, layered between soft tortillas*

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(vg) Homemade Strawberry Slice  
(v) Yoghurt or Fresh Fruit

### FRIDAY

**Choose a main meal... FISHY FRIDAY**  
(msc) Harry Ramsden's Crispy Salmon and Sweet Potato Fishcake

(v) Homemade Cheese and Tomato Pizza  
Chipped Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Peas or Baked Beans

**For dessert...**  
(v) Cheddar Cheese, Crackers and Apple Wedges  
(v) Ice Cream  
(v) Yoghurt or Fresh Fruit

## Week two

Warwickshire, Coventry: 4/9, 25/9, 16/10  
Oxfordshire: 4/9, 25/9, 16/10  
Leicestershire: 4/9, 25/9

### MONDAY

**Choose a main meal... MEAT FREE MONDAY**  
(vg) Quorn Dippers with Rainbow Rice and Sweet Chilli Dipping Sauce or Ketchup

(v) Homemade Mac 'n' Cheese with Freshly Baked Wholegrain Baguette

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
Chocolate Mousse with Fruit in Juice  
(vg) Homemade Cherry Cookie  
(v) Yoghurt or Fresh Fruit

### TUESDAY

**Choose a main meal...**  
British Chicken Fillet in Wrap, Salad, Mayonnaise or Ketchup and Oven Baked Potato Wedges

(vg) Plant Power 'Meat'balls with Noodles and a Sweet and Sour Sauce

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(vg) Homemade Chocolate Shortbread  
(v) Yoghurt or Fresh Fruit

### WEDNESDAY

**Choose a main meal... WEDNESDAY ROAST**  
British Roast Gammon Steak with Gravy

(vg) Quorn Roast with Gravy  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(vg) Homemade Jam Tart  
(v) Ice Cream Tub  
(v) Yoghurt or Fresh Fruit

### THURSDAY

**Choose a main meal...**  
British Beef Grill Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

(vg) Veggie Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetable Sticks  
Vegetables of the Day

**For dessert...**  
(v) Homemade 'School Favourite' Sprinkles Sponge Cake  
(v) Yoghurt or Fresh Fruit

### FRIDAY

**Choose a main meal... FISHY FRIDAY**  
(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v) Homemade Tomato Pasta Bake with Freshly Baked Wholegrain Baguette

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Peas or Baked Beans

**For dessert...**  
Jelly with Fruit  
(v) Ice Cream  
(v) Yoghurt or Fresh Fruit

## Week three

Warwickshire, Coventry: 11/9, 2/10, 23/10  
Oxfordshire: 11/9, 2/10  
Leicestershire: 11/9, 2/10

### MONDAY

**Choose a main meal...**  
Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta

(vg) Sticky Barbeque Quorn with Oven Baked Potato Wedges

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(v) Homemade Chocolate Cracknel  
(v) Yoghurt or Fresh Fruit

### TUESDAY

**Choose a main meal...**  
Chicken Korma Curry with Wholegrain or White Rice – *mild and creamy*

(v) Cheese and Tomato Pizza Wedge with Italian Herby Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(v) Swirly Strawberry Mousse  
(vg) Homemade Orange Cookie  
(v) Yoghurt or Fresh Fruit

### WEDNESDAY

**Choose a main meal... WEDNESDAY ROAST**  
British Roast Beef, with Traditional Yorkshire Pudding and Gravy

(v) Veggie Toad in the Hole with Gravy

Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day

**For dessert...**  
(v) Homemade Fruit Crumble with Custard  
(v) Yoghurt or Fresh Fruit

### THURSDAY

**Choose a main meal...**  
Homemade British Chicken Pie with Gravy and Creamy Mash

(vg) Breaded Vegetable Fingers and Crispy Diced Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Vegetables of the Day  
Baked Beans

**For dessert...**  
(vg) Homemade Flapjack with Fresh Fruit Wedges  
(v) Yoghurt or Fresh Fruit

### FRIDAY

**Choose a main meal... FISHY FRIDAY**  
(msc) Breaded Fish Fillet Fingers with Chipped Potatoes

(vg) Veggie Sausage Hot Dog with Ketchup and Chipped Potatoes

Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

**On the side...**  
Fresh Salad Bar  
Peas or Baked Beans

**For dessert...**  
(v) Dinky Doughnuts/Chocolate Sauce  
(v) Ice Cream Tub  
(v) Yoghurt or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

(vg) Vegan  
(v) Vegetarian Option (h) Homemade  
(msc) Certified Sustainable Seafood



FS 634414

### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

# Free SCHOOL MEALS

## UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.



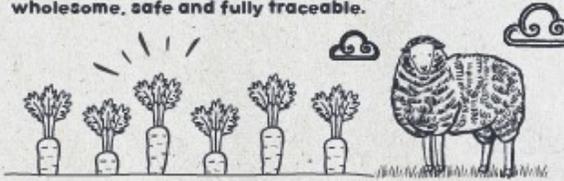
# OUR INGREDIENTS



## IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



# PROMOTIONS



LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING:

Easter Lunch - March

Coronation Celebration - May

Day at the Beach - Census Day 18th May

Sports Day - end of Summer Term

Please note not all schools participate in all themed events check with your child's school for more details...



# the NUTRI GANG

"On a mission for nutrition"



## TOP 5 facts about our lunch.

- Fact 1**  
We are the school meal specialists serving over 130,000 meals every week.
- Fact 2**  
At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.
- Fact 3**  
All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.
- Fact 4**  
We work with NHS dietetics teams across the region to support customers with special dietary needs.
- Fact 5**  
Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

## Join our TEAM

### Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at [www.educaterers.co.uk](http://www.educaterers.co.uk)