

## What to do if you're worried while school is closed

## If you feel unsafe at home, or feel worried about a friend or sibling during the current situation, here are some things you may be able to do to get the help you need:

- Text a trustworthy family member or safe adult who may be able to help you
- Call Childline 0800 1111 and talk through how you are feeling and your concerns
- Call one of the Designated Safeguarding Leads at school

• 01926 497491

- Call the police in an emergency (999) or a non emergency (101)
- Speak to Young Carers if you are looking after someone at home 02476 217740
- Look online at support from the Family Information Service
  <u>www.warwickshire.gov.uk/childrenandfamilies</u>
- If you feel unsafe or in danger call the council helpline on 01926 414144

\*If you are unable to do any of the above because it isn't safe to do so, perhaps you could alert a neighbour or passer by to your situation

