

Monday



Pork Sausages (G.SU)

Tuesday



Chicken Fillet in a Bun (S.G.)

Wednesday



Roast Pork

Thursday



Chicken Pie (D.G.)

Friday



Battered Fish Fillet (G.F.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)



(v) Cheesy Tomato Risotto (D.)



Tuna Pasta Bake (D.F.G.)



(v) Veggie Sausages (G.SU,SB)



(v) Breadcrumbed Vegetable Fingers (G.)



(v) Vegetable Burrito (D.G.)

Week 1 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options

- **Monday**
 - (v) Strawberry Swirl Mousse (D.) or
 - (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
- **Tuesday**
 - (v) Chef's Homemade Fruit Crumble of the Day (G.) with Custard (D.) or
 - (v) Ice Cream Tub (D.)
- **Wednesday**
 - (v) Homemade Iced Mandarin Sponge (G.E.)
- **Thursday**
 - (v) Whip with Fruit in Juice (D.) or
 - (v) Homemade Ginger Cookie (G.)
- **Friday**
 - (v) Homemade Chocolate Flapjack (G.SU,SB,D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

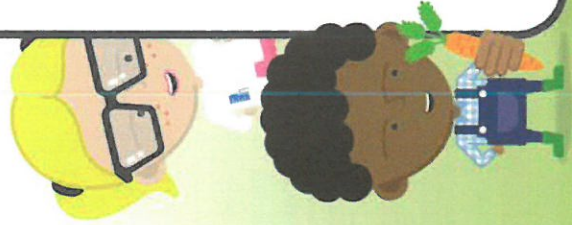
Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

V = Vegetarian
D = Dairy
N = Coconut
S = Sesame
E = Egg

G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites



Monday



Organic Beef Grill (G.) in a Bun (S.G.)



Salmon Pasta Bake (F.D.G.)



Tuesday

Bacon Medallion and Pork Sausage (G.SU.)

Wednesday



Roast Chicken Joint or Fillet

Thursday



Spaghetti Bolognese (D.G.)

Friday



Battered Fish Fillet (G.SB.F.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

Week 2 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options.

- **Monday**
(v) Homemade Chocolate Cracknell (G.)
- **Tuesday**
(v) Iced Strawberry Bun (G.)
- **Wednesday**
(v) Homemade Frosted Chocolate Sponge (G.E.D.)
- **Thursday**
(v) Pancake with Banana Chunks (G.SU.D.E.)
- **Friday**
(v) Homemade Melting Moment Biscuit (G.) or
(v) Ice Cream Tub (D.)

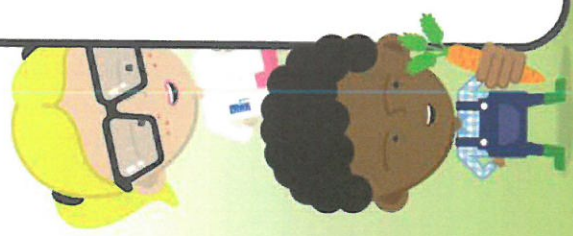
All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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Monday



Organic Pork Meatballs (G.)

Tuesday



Mild and Creamy Chicken Curry (D.)

Wednesday



Roast Beef in Gravy

Thursday



Cheesy BBQ Bacon Pasta (G.D.)

Friday



Breaded Pollock Fillet (F.SB.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

Week 3 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options

- **Monday**
(v) Homemade Apple Crunch Pudding (G.SU.) with Custard (D.) or
(v) Homemade Carrot and Orange Cookie (G.)
- **Tuesday**
(v) Homemade Iced Blueberry Muffin (G.D.E.)
- **Wednesday**
(v) Homemade Shortbread (G.)
- **Thursday**
(v) Ice Cream Tub (D.)
- **Friday**
(v) (v) Homemade Up Beet Chocolate Cake (G.SB.D.E.) with Hot Chocolate Sauce (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

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